



# Soulicious

## 2018

### The Soulicious YOU!

What do I deeply desire for my life?

Health:

Business:

Relationships:

Spirituality:

Financially:

Materially:

Recreation/Fun:

How do I want to feel in my life in these areas?

Soulicious Secret...Psst

We are really seeking and yearning for a feeling ,a vibe that makes us feel full, whole and complete by having the things we deeply desire in our hearts.

What commitment do I want to make and keep for myself to experience these desires?

Soulicious Secret...Psst

The first and only person you need to commit to is yourself to make all your dreams come true!

The rest falls into place



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What daily and weekly support will I need in place to support my mind, body and spirit to cultivate these desires of my heart?

Soulicious Secret...Psst

It takes daily and weekly practices, actions and support systems to remain focused and committed to manifesting your deep desires. It involves a mental, physical and spiritual discipline

How much time and money am I willing to invest to learn, to master and integrate my desires so I AM the woman living the life I desire?

Soulicious Secret...Psst

To have your dreams and desires to become ... You must come to BE!! Dreams come true when you become TRUE to your dreams.

Who are the 3-5 people in my life that will support me, celebrate me and hold me accountable to the best 2017 year of my life?

Soulicious Secret...Psst

It take a support person(s) who truly wants the best for you...that you can trust with your deep felt desires ...to lean on for guidance, love, support and skills to truly be able to express and become the Soulicious woman living the desires of your heart and soul. Choose wisely !



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### The Soulcious YOU!

Soulcious and Faithlift coaching offers many options to support YOU~

Join the Sisterhood~ [Soulciouslifestyle.com](http://Soulciouslifestyle.com) Facebook: Soulcious Life

Click on Events:

Dare to Desire

Unveiling the truth

Private mentoring and coaching email me: [Pamela@Soulciouslifestyle.com](mailto:Pamela@Soulciouslifestyle.com)